

## CPATH POSITION STATEMENT Standards of Care, June 2009

## 1) CPATH currently endorses the use of <u>WPATH</u> International Standards of Care v6th.

However, we are aware of significant limitations to their application in Canada which vary from province to province. We do recognize that some clinical practices at CAMH are not in line with current WPATH standards, as is true at other centers across the country. As such, we are looking to develop a national consensus on both the interpretation and approach to local implementation of the WPATH standards. As we continue our consultation with providers, transgender persons, and community based support agencies across the country, more formal position statements will be forthcoming.

## 2) CPATH does not endorse specific hormone or surgical protocols.

However, we do recommend that clinical providers use the best evidence available when adopting one. The guidelines outlined in "Endocrine Therapy for Transgender Adults, Vancouver Coastal health (2006)", "Care of the Patient Undergoing Sex Reassignment Surgery SRS (2009)", and "Guidelines and Protocols for Comprehensive Primary Health Care for Trans Clients, Sherbourne Health Centre (2009)", do contain a comprehensive review of the literature on the use and effectiveness of progesterone in the management of Male to Female gender incongruence.



Association Canadienne des professionnels en santé des personnes transsexuelles