

# SOBER GROUP

## SEX ON BRAIN EUROPEAN RESEARCH GROUP

Effects of Gonadotropin Releasing Hormone Receptor blockage on brain development and behaviour in humans and animals

*Ira Ronit Hebold Haraldsen, MD, PhD*



Sex on Brain European Research

**SOBER**

**sf**  = Centre for  
Research-based  
Innovation

# **SOBER** is partner of **ADHA** **The Innovation Centre on Ageing and Cognitive Impairment**

*From Alzheimer disease to healthy ageing – ADHA*

***CMBN – the first and largest Centre of Excellence in the field of biomedicine in Norway***



CENTRE FOR  
MOLECULAR BIOLOGY  
AND NEUROSCIENCE  
Senter for molekylærbiologi og nevrovitenskap

**WWW.CMBN.no**



Norwegian  
Centre of  
Excellence

## **10 YEARS TRACK RECORD In the proposed consortium**

**Publications: > 400**

**H-index: 13 - 66**

**Patents: > 100**

**Prizes: 3 Anders Jahre Prizes**

is the most prestigious prize in medicine in the Nordic countries (next to the Nobel Prize)

**2 King Olav V's Prizes**

**Mead Johnson Award**

**Eli Lilly Prize**

**Innovation Prize**

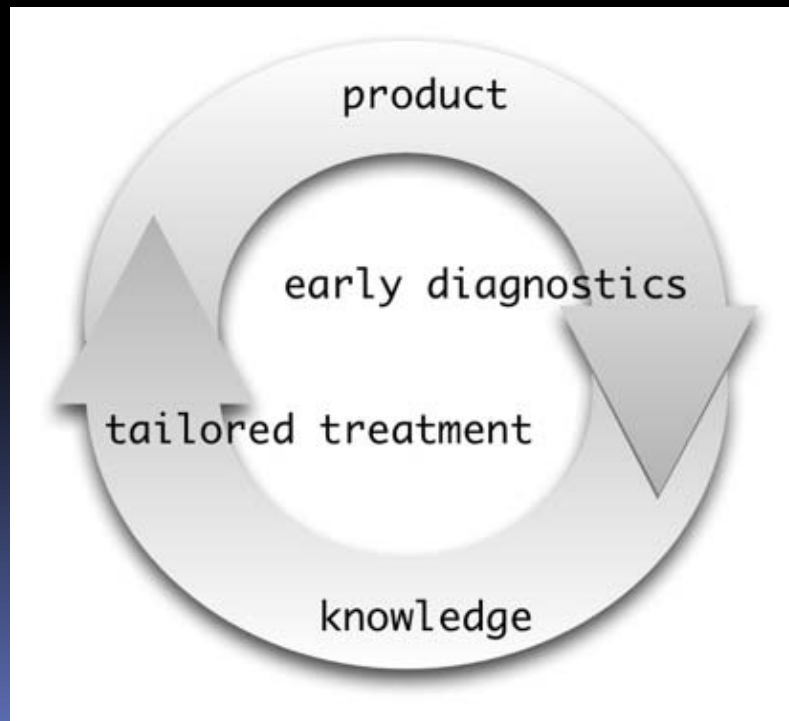
***The neuroscience team in CMBN counts some of the most frequently cited scientists in the field (source: ISI Highly Cited Scientists)***


# *Centre of excellence on research based Innovation*

## *ADHA*


*From Alzheimer disease to healthy ageing – ADHA*

*The Innovation Centre on Ageing and Cognitive Impairment*





# New potential technologies

- 2010-2016
  - Diagnostic drug development for dementia and cognitive impairment disorders
  - Cognitive enhancer drug development
- 

Sex differences of the brain

**GNRH**




**Ira Ronit Hebold Haraldsen, MD, PhD**

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Neuroscience, Oslo University Hospital – Rikshospitalet - Norway**



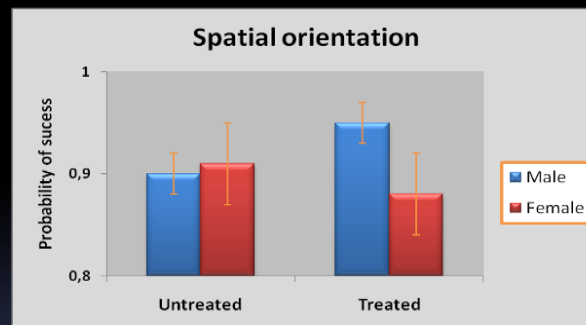
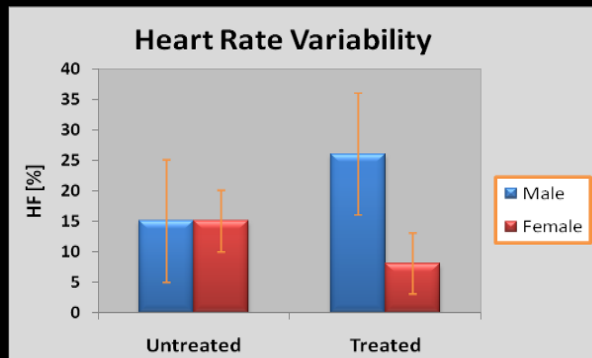
# Hypothesis

Sex differences in brain development are pre-programmed and not steroid modulated



Do sex differences in cognition and in brain morphology and physiology develop even if puberty is blocked on a steroid precursor level?

# SOBER - some of our sheep results





# Concept

GnRHR effects on cell respons is independent of Estrogen and Testosteron effects !

The frontal –temporal lobe function will be manipulated into more flexible neural network in boys/ male adolescents :

- Our pre-pubertal blocked sheep showed increased gambling attitudes, novelty seeking and spatial orientation attitudes etc

The frontal –temporal lobe function will be manipulated into more flexible neural network *In girls/female adolescents in:*

- Our pre-pubertal blocked female sheep showed reduced exploratorial behaviour (less gambling, less novelty seeking, less aggressive)

# SEX



**Gender identity**

**Genotypic sex**

**Gonadal sex**

**Phenotypic sex**

***Phenotype***

***Gender identity***

***Peripheral androgen  
receptors***

***Sex organs***

***Androgens in CNS***

***Genes***

***Estrogens in CNS***

***Peripheral estrogen  
receptors***


***Social influence***

***Environment***

# MYTH - YOUNG 1961

*The term **activational** for reversible effects by hormones on stimulating sexual behaviour in adults*

*The term **organizational** for permanent effects of testosterone in perinatal life on decreasing effects of estrogens in adult life*




Although of thousands of morphological functional studies, we do not understand


- how and
- whether

these sex differences contribute to sex differences in behaviour





# **DIFFERENCES IN STRUCTURE OFTEN DO NOT RESULT IN CHANGED BEHAVIOUR – AND DIFFERENT BEHAVIOUR DOES NOT NECESSARILY MEAN DIFFERENT STRUCTURE**

- 1. The function of neural circuit is advanced**
  - 2. It is difficult to link morphology to function**
  - 3. We are drawn to the idea that sex differences in brain structure generate sex differences in behaviour**
- 

- **1970 POA** **Mc Ewen – fewer dendritic spines in the**
- **1976 songs** **Nottebohm – sex differences in bird**
- **1978** **Gorki – preoptic area (POA/AH = SDN)**

However

**Lesions in POA or SDN does not result in changes of male sexual behaviour**

**perinatal manipulation of T system increased volume in SDN but not in behaviour**

Turkengurg, Ito, Houtsmuller, Brand, Auger, McCarthy.  
Todd, Powers, Paredes, Roselli

# ANOTHER MYTH: INTERTESTITIAL NUCLEUS OF THE AH (INAH3)

Sexual orientation

How can mice show different partner preference while lacking sex differences in these areas?

*Connection and function of cells  
versus  
Numbers and size of cells*

LeVay , Byne



WE ARE IN NEED OF :

NEUROTRANSMITTER,  
RECEPTOR  
AGONIST/ANTAGONIST, KNOCK IN AND KNOCK OUT  
STUDIES

Why:

*Density of dendritic spine synapses on MPOA neurons correlates well with male sexual behaviour*

But what functional significance has that?

What is the nature of such neurons?



***SEXUAL SEX DIFFERENCES WILL NOT  
BE EXPLAINED BY AN OVERESTIMATING  
OF SEX DIFFERENCES OF THE BRAIN***

***SEX DIFFERENCES ARE THE NORM***

***SEX DIFFERENCES OF THE BRAIN  
PROTECT BEHAVIOURAL DIFFERENCES***



Kisspetin

Kisspetin neurons stimulate GNRH neurons

A little revolution:

One single gene deletion in an ion channel

- *Trpc2 deletion wipe out sex different behaviour in males*

but

- *In females change the behaviour to male sexual behaviour*

therefore

- The mediated processes are repressed in males and activated in females


# Context dependency



Søderstren, Gerall, Olster, De Vries, Rosen, Lonstein  
etc



- *Prenatal given hormones do not irreversible change adult sensitivity to hormones and behaviour*
  - *what is happening in puberty*
- And in some strains up to 50% of intact males behave like the opposite sex




# Testing conditions

- Tactile contact (warm gloves vs plastic cups)
  - Mental rotation test – figures vs human shapes
  - Math tests
- 

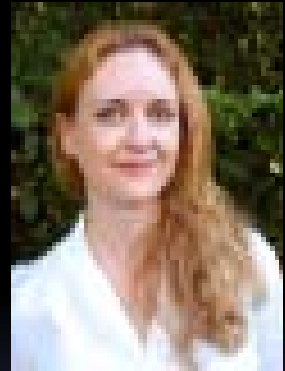
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- 
- Males and females can both generate male and female typical behaviour, but they use different strategies
  - Sex differences are the norm
  - Sex differences in brain structure may as well prevent sex differences in behaviour

- 
- 
- But the XX - XY difference is only expressed in only few tissues during short periods of life
  - in mice only SRY is only expressed in half a day to trigger the male phenotype through the Sertoli cells

- 
- **Context may alter gen expression**
  - **Selective genetic elimination and re-introduction and receptor blockage studies of sex dimorphic elements may enlighten**
  - **Sex differences do not specify behaviour directly but encodes molecular products that build functioning of the brain through which behaviour is expressed.**
  - **We do not know the consequences of SDN**



# SOBER Board





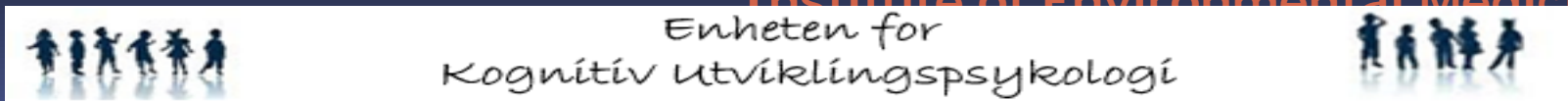
Center for the Study of Human Cognition



FRONT lundoslberkleyexecutivestudies



Institute of Environmental Medicine



# SOBER I – BIG 4 – The Human Project

## Effects of Gonadotropin Releasing Hormone Receptor blockage on brain development and behaviour in humans

- Andersson, Stein - Neuropsychologist
- Bjark Halvorsen, Therese - Plastic surgeon, urologist
- Cohen-Kettenis, Peggy – director
- De Cuypere, Griet – director
- Diseth, Trond - Child psychiatrist
- Due Tønnesen, Paulina - Neuroradiologist
- Fjell Anders – Controll group – director
- Gross, Anniken - Gynecologist
- Gulbrandsen, Kjersti - Psychiatric nurse
- Haraldsen, Ira – director
- Hellem, Frøydis – Psychologist
- Heylens, Gunter - PhD
- Kaspara, Solveig - Center coordinator
- Kreukels, Baudewintje - Postdoc
- Paap, Muirne – PhD
- Richter-Appelt, Hertha – director
- Nieder, Timo – PhD
- Schreiner, Thomas- Endocrinologist
- Tønseth, Kim Plastic - Surgeon
- Walhovd, Kristine - Controll group – directors





## **SOBER 2**

# **An animal model**

Effects of Gonadotropin Releasing Hormone Receptor blockage on brain development and behaviour in sheep

The introduction of a new animal model to evaluate sex specific consequences and mechanisms of a common hormone treatment strategy in man

The Brain biobank opened on the 1<sup>st</sup> of April 2009


# SOBER 2 - Cochno Farm - Oslo



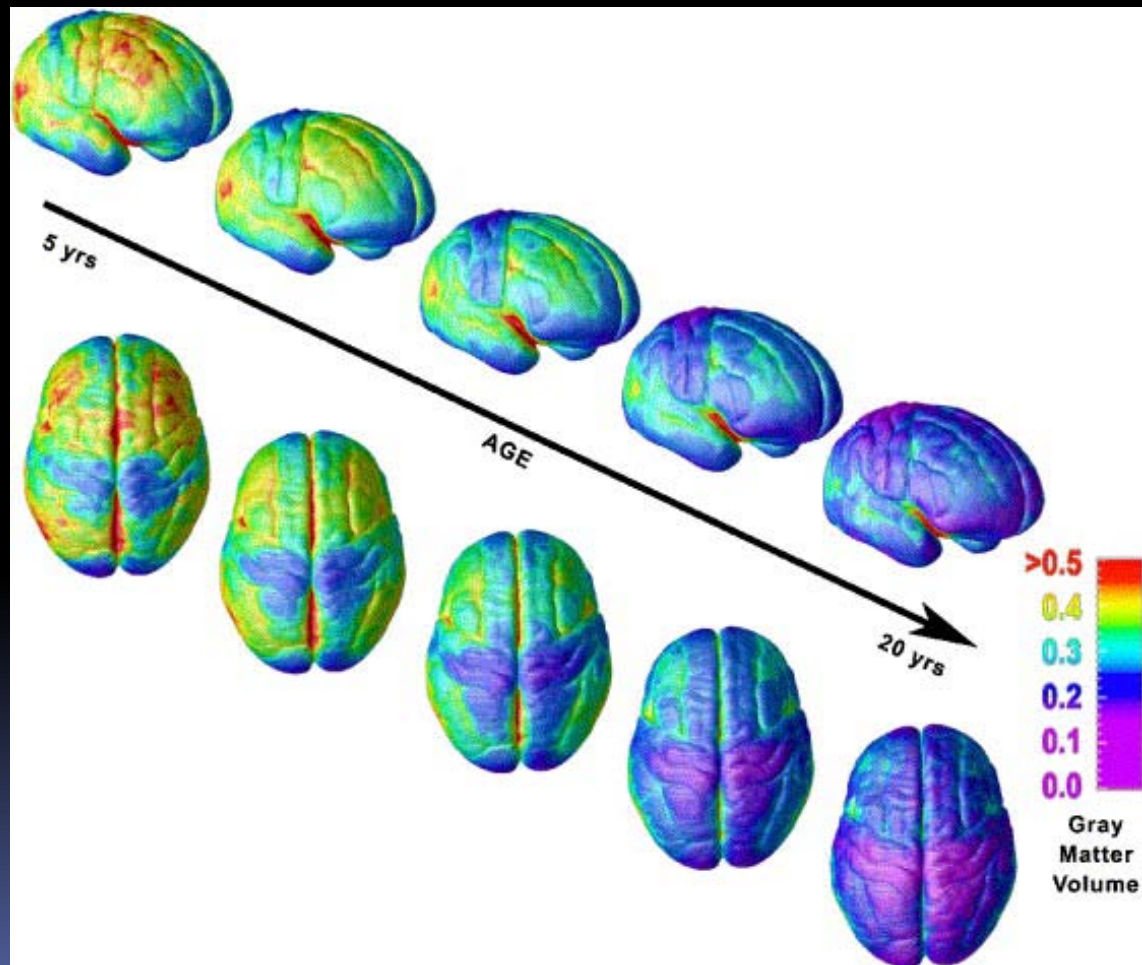


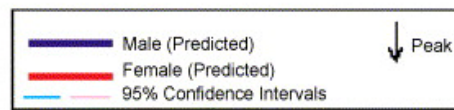
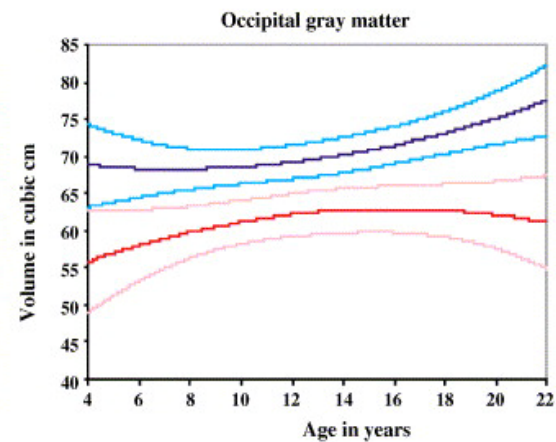
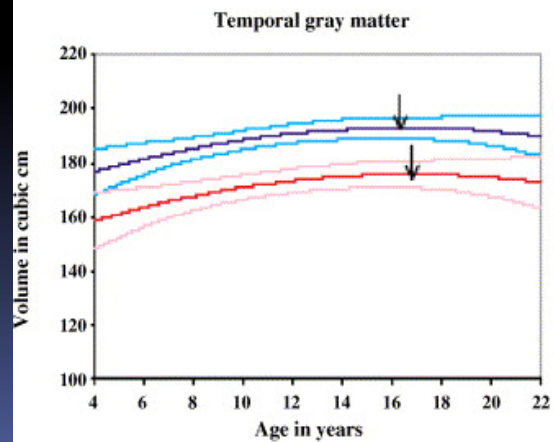
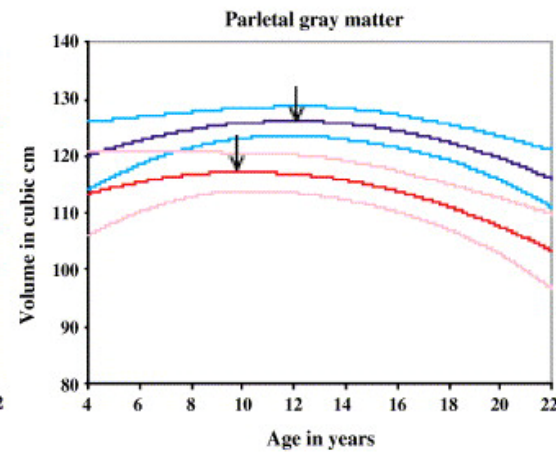
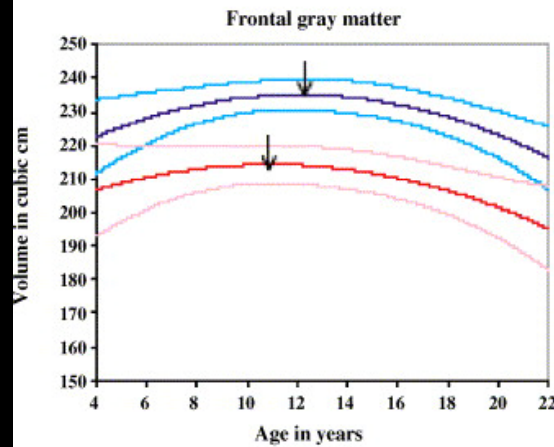
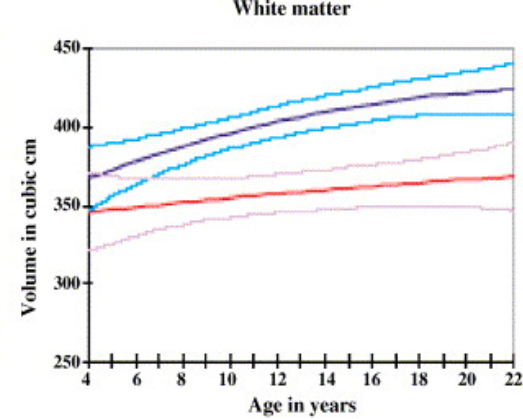
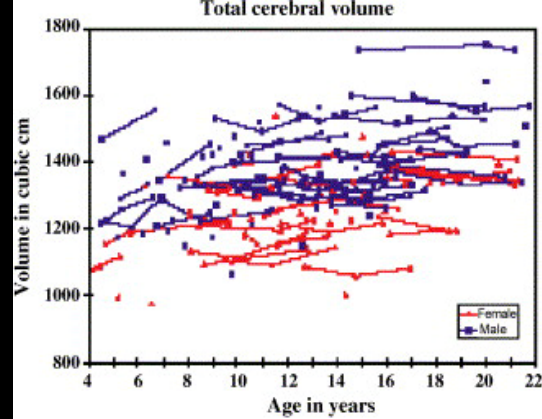
2009 – 2017

Understanding the time correlated  
phenomenon of puberty and sex  
differences of the brain



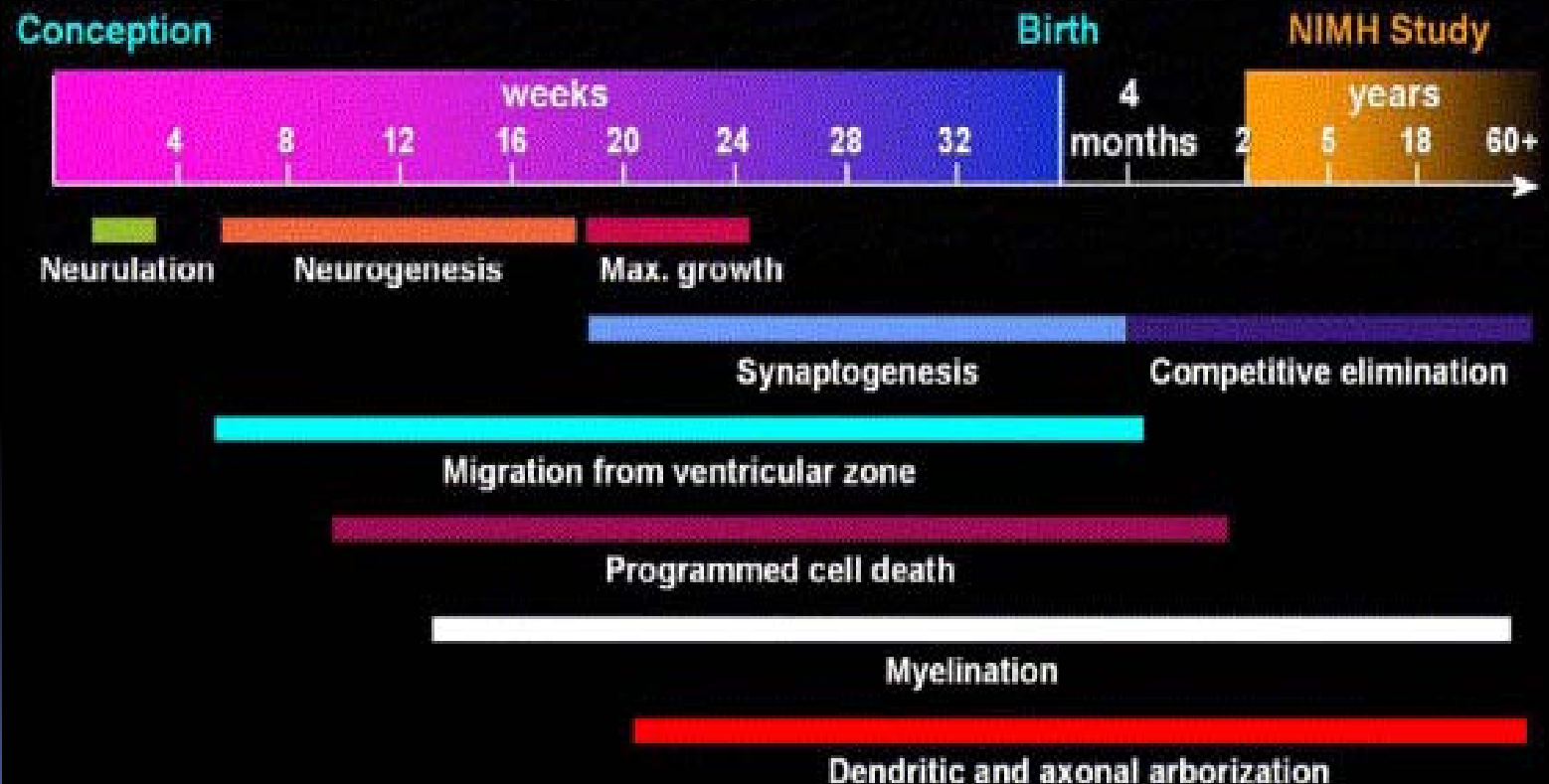









## Time Course of Critical Events in the Determination of Human Brain Morphometry

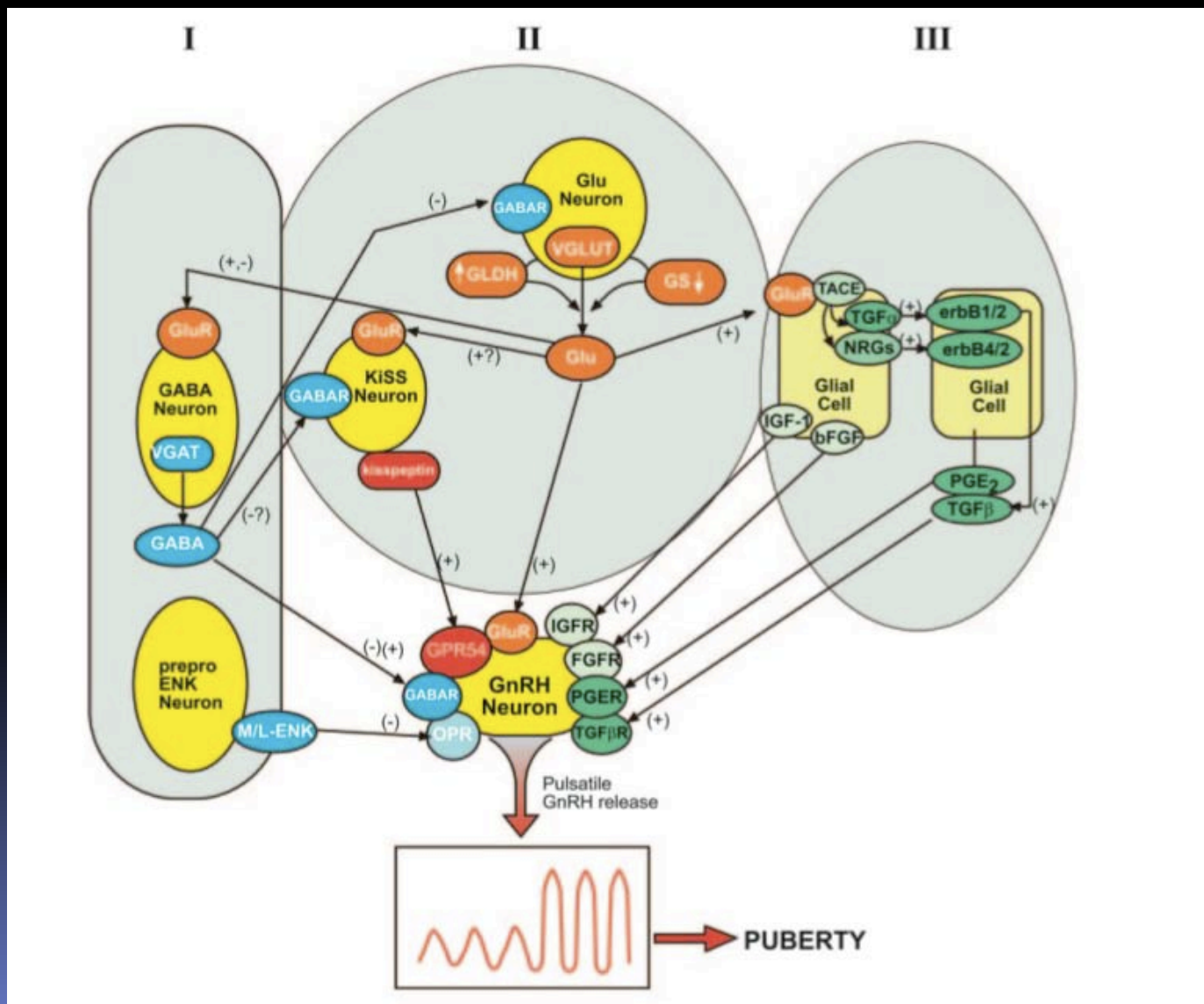


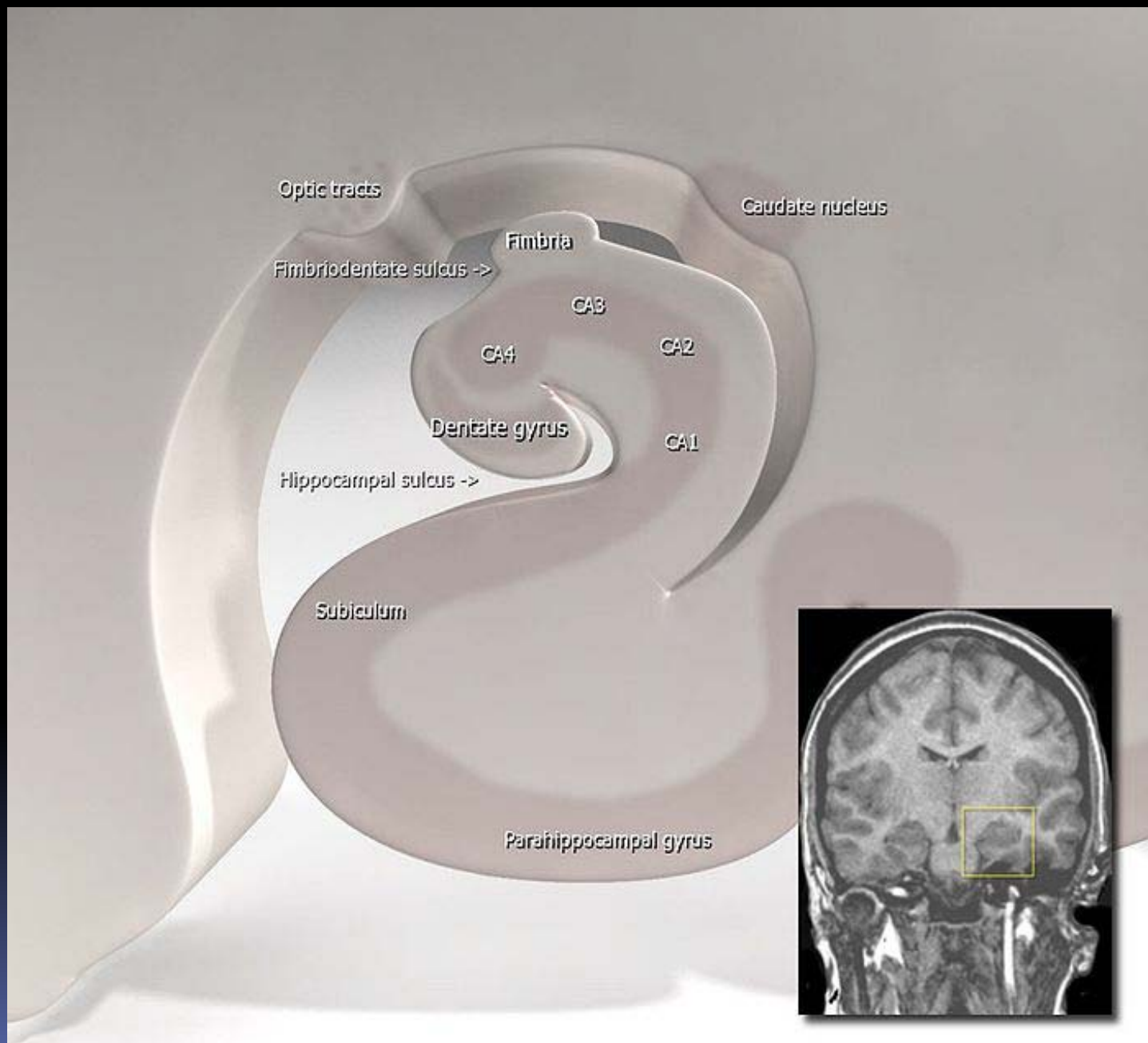
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- Puberty is accompanied by a sex-specific induction of GnRH receptor gene expression
  - GnRH receptors have been demonstrated in non-reproductive regions, in the hippocampus (CA1 to CA3), the frontal cortex and the dentate gyrus
  - GnRH I is widely recognised as the central regulator of the reproductive system
  - GnRH II is thought to have a variety of extra-pituitary functions
  - We suggest a direct neuromodulatory effect of GnRH on behaviour and cognition

Domain I Transsynaptic inhibitory components – GABAergic and opiateergic neurons

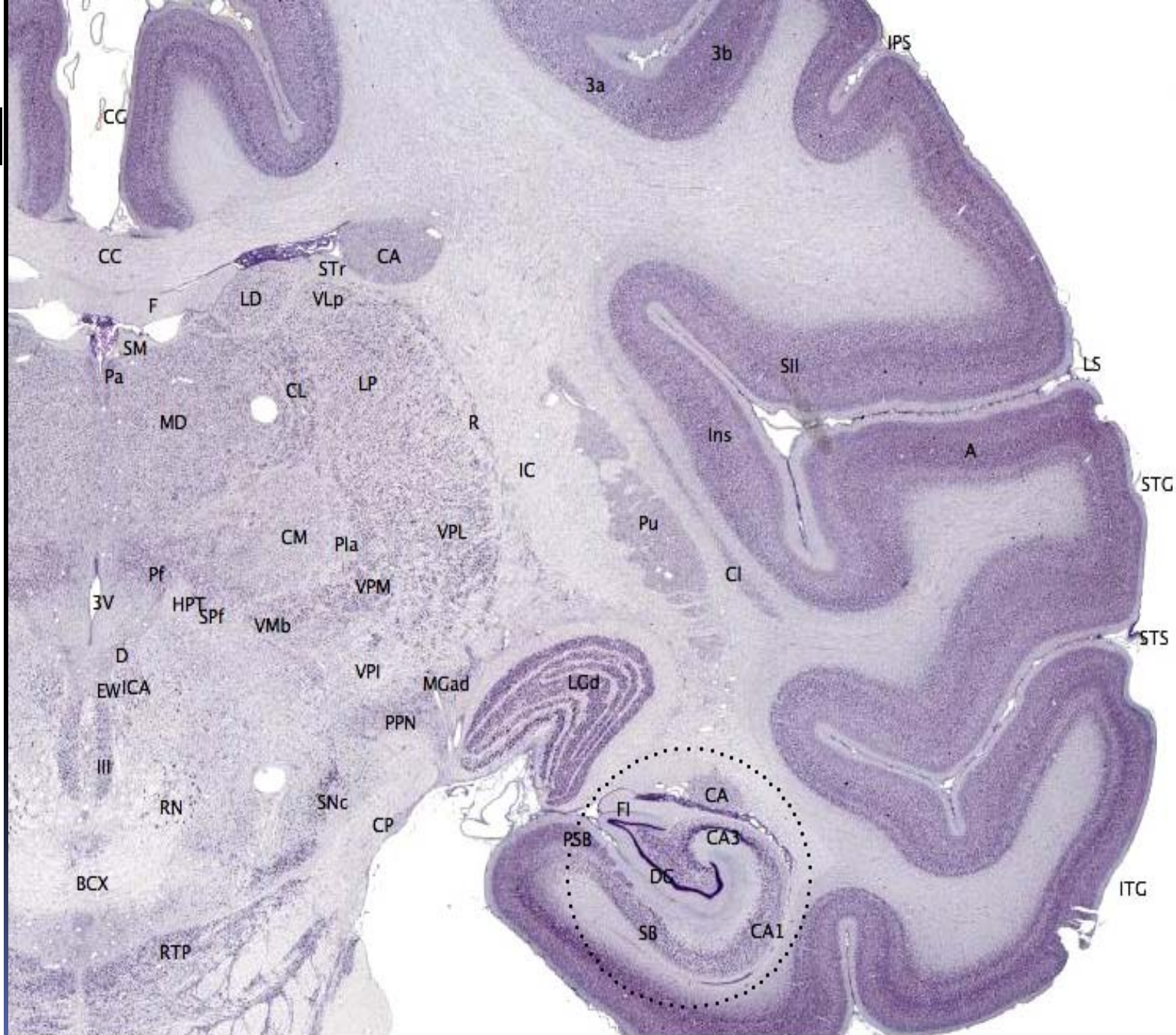
Domain II Excitatory subset - glutamatergic and kisspeptin producing neurons

Domain III Astroglia and ependymal cells










Recognition memory task – our animals will help to understand sex-differences and in the long run gender identity better


- *Non-spatial factors including odor identity and whether the stimulus was a match or a non-match with a previously presented stimulus*

Similar to humans

*in which single hippocampal neurons were recorded while human participants navigated through a computer-generated virtual town*

- 
- Project 1: Normal ageing and predispositions for pathological cognitive development
  - Investigating sex-specific effects of GnRH blockage on hippocampus and other regions

transgenic rodents  
genetic and genomic methods  
multilevel imaging  
electron microscopy  
in vivo multiphoton imaging

- 
- Identifying possible correlations between sex-specific cognitive changes and the cellular results

- **Project 2:**  
Sex-specific GnRHR blocking effects on cognition in long-time treated young humans
- **Project 3:**  
F-18 protein labeling
- **Project 4:**  
Pathological ageing - Alzheimer Dementia
- **Project 5:**  
EEG-signatures of sex-specific cognitive impairment and training