

**Provincial Updates 2012 – Québec – Françoise Susset**

**September 9, 2012**

**1. The information you provide pertains to which province or territory?**

**Province or territory**

Please select

QC

**2. Indicate today's date**

**Month**

**Day**

**Year**

Please select

September

9

2012

**3. First and last name**

Françoise Susset

**4. Trans-related affiliation (e.g.: GP serving the trans communities, civil rights advocate or lawyer, social worker, surgeon, member of an advocacy group, mental health professional, gender studies student, etc...)**

Psychologist

**5. Do GPs accept trans patients?**

Yes

4-5

**6. If your answer above is positive, are GPs willing to initiate hormone treatment?**

Yes

**7. If your answer above is positive, are those services provided in...**

Urban setting?

Rural setting?

**8. Are there GPs who specialize in trans health care?**

Yes

2-3

**9. If your answer above is positive, are those services provided in...**

urban settings?

rural settings?

**10. If your answer is negative, where are trans clients referred?**

**No Response**

**11. Is there trans health training offered to health professionals interested in trans health?**

Yes

I offer clinical trainings in Qc and elsewhere.

**12. Is there a "community of practice" of health professionals (by that we mean the health professionals serving trans communities getting together to exchange referrals, knowledge and support)?**

Yes

no specific location--throughout the province--mainly in Montreal, the Gatineau region and Abitibi-Témiscamingue

**13. Are the following health professionals seeing trans clients/patients?**

	Yes	No
Psychiatrists	X	
Psychologists	X	
Counselors	X	
Social Workers	X	

*Comments:*

**14. If yes, how many of these professionals see trans clients/patients? (approx. is OK)**

Psychiatrists - 2

Psychologists - 5

Counselors - 5

Social Workers - 5

**15. If yes, is it privately or publicly funded?**

	Private pay	Public pay
Psychiatrists		X
Psychologists	X	X
Counselors	X	X
Social Workers	X	X

*Comments:*

**16. If yes, is there a yearly quota imposed by the health ministry on how many clients/patients will be covered, if so, how many?**

Psychiatrists - 0

Psychologists - 0

Counselors - 0

Social Workers - 0

**17. Do these professionals write letters of support for hormone therapy or surgery?**

Yes



**18. Are Surgical Reassignment Surgeries performed in your province?**

	Yes	No
Mastectomy with chest contouring	X	
Mastectomy without chest contouring	X	
Hysterectomy	X	
Oophorectomy	X	
Metaoidioplasty	X	
Phalloplasty	X	
Breast augmentation	X	
Tracheal shaving	X	
Facial feminization	X	
Penectomy	X	
Orchiectomy	X	
Vaginoplasty	X	

*Comments:*

**19. If yes, are these surgeries privately or publicly funded?**

	Private pay	Public pay
Mastectomy with chest contouring		X
Mastectomy without chest contouring		X
Hysterectomy		X
Oophorectomy		X
Metaoidioplasty		X
Phalloplasty		X
Breast augmentation	X	
Tracheal shaving	X	
Facial feminization	X	
Penectomy		X
Orchiectomy		X
Vaginoplasty		X

*Comments:*

**20. If SRS are publicly funded, are there clients sent out of province or country for their surgeries, which ones?**

	Yes	No
Mastectomy with chest contouring		X
Mastectomy without chest contouring		X
Hysterectomy		X
Oophorectomy		X
Metaoidioplasty		X
Phalloplasty		X
Breast augmentation		X
Tracheal shaving		X
Facial feminization		X
Penectomy		X
Orchiectomy		X
Vaginoplasty		X

*Comments:*

**21. If SRS are publicly funded, and clients/patients wish to go out of province or country, is this permitted?**

	Yes	No
Mastectomy with chest contouring		X
Mastectomy without chest contouring		X
Hysterectomy		X
Oophorectomy		X
Metaoidioplasty		X
Phalloplasty		X
Breast augmentation		X
Tracheal shaving		X
Facial feminization		X
Penectomy		X
Orchiectomy		X
Vaginoplasty		X

*Additional comments?:* Some folks choose to go out of province for surgeries. For those that are covered by the province, they can sometimes get a small part reimbursed after they return.

**22. If SRS are publicly funded, is there a yearly quota imposed by the health ministry on how many surgeries will be covered, if so, how many?**

Mastectomy with chest contouring - 0

Mastectomy without chest contouring - 0

Hysterectomy - 0

Oophorectomy - 0

Metaoidioplasty - 0

Phalloplasty - 0

Breast augmentation - 0

Tracheal shaving - 0

Facial feminization - 0

Penectomy - 0

Orchiectomy - 0

Vaginoplasty - 0

**23. Do trans patients/clients have access to post-surgery (SRS) care?**

	Yes	No
GPs	X	
Emergency room		X
Urologist		X
Gynecologist		X
Surgeon	X	

*Comments:*

**24. Are there endocrinologists seeing trans patients?**

Yes

3

**25. Where are endocrinological referrals sent if not available in your province?**

n/a

**26. Are there speech therapists seeing trans patients?**

	Yes	No
FTM		
MTF	X	

*Comments:*

27. If your answer above is positive, is the service private pay or is it publicly funded?

Private pay

Publicly funded

FTM

MTF

X

Comments:

28. Are there health professionals accepting referrals for gender independent (gender non-conforming) children and adolescents?

Yes

2

29. Are puberty blockers being prescribed?

Yes

No

GPs

Pediatric Endocrinologists

Comments?: We have speech therapists in private and public sector. Blockers prescribed by a developmental pediatrician.

30. Are there health care professionals who treat trans patients (children or adults) with reparative (or corrective) therapy?

Yes

Mostly ill-informed therapists who advise parents. Not part of the network of trans-sensitive therapists but you hear about them from families who make their way to appropriate resources.

31. Is electrolysis for transwomen privately or publicly funded?

Privately

32. Are hormone readiness assessments provided?

Yes

33. If hormone readiness assessments are available, are they provided in

Urban setting?

Rural setting?

34. If hormone readiness assessments are available, what is the protocol used?

WPATH SOC7

Other

VCH WPATH v. 3!!! "Old school" approach used by The Human sexuality program at the Montreal General Hospital

35. If hormone readiness assessments are available, how many health professionals provide them? (Approx. number OK)

8-10

36. If hormone readiness assessments are available, is RLE required?

Varies depending on what guidelines are used. About 6 of us up to date with WPATH SOC v. 7

**37. If hormone readiness assessments are available, are there any specific public insurance requirements?**

No

**38. If hormones readiness assessments are available, who provides them?**

Psychologist?

Social worker?

Counselor?

Psychiatrist?

sexologists

**39. Are SRS readiness assessments provided?**

Yes

**40. If SRS readiness assessments are available, are they provided in**

Urban Setting?

Rural Setting?

**41. If SRS readiness assessments are available, what is the protocol used?**

WPATH SOC7

Other

Qc added a second psych eval requirement for FtM chest surgery.

**42. If SRS readiness assessments are available, how many health professionals provide them? (Approx. number OK)**

5-6

**43. If SRS readiness assessments are available, is RLE required?**

Yes

For vaginos, phallos, metas: 1 year hormones/RLE

**44. If SRS readiness assessments are available, are there any specific public insurance requirements?**

Yes

Folks have to prepare a file that contains: -2 letters from psych after an evaluation - 1 letter from MD indicating the result of a recent physical - 1 letter from the MD prescribing hormones indicating length of time on hormones They send it to Dr Brassard's office and the secretary sends it for administrative approval to the Qc health authorities.

**45. If SRS readiness assessments are available, who provides them?**

Psychologist?

Social worker?

Counselor?

Psychiatrist?

Sexologists

**46. Are there trans peer support groups in your province?**

Yes

ASTTeQ: <http://cactusmontreal.org/en/astteq.html> ATQ: <http://www.atq1980.org/> 2110 Center: <http://www.centre2110.org/> Project 10: <http://p10.qc.ca/>

**47. Are these support groups professionally led or volunteer (non-professionally) led?**

	Yes	No
Professionals	X	X
Volunteers	X	X

*If yes, please share the name/s of the group/s and their contact info/website: all are community groups; some with paid staff*

**48. Are there support groups for gender independent (gender non-conforming) youth?**

Yes

PFLAG-Montreal-East chapter: [montrealqc-e@pflagcanada.ca](mailto:montrealqc-e@pflagcanada.ca)

**49. Are these support groups professionally led or volunteer (non-professionally) led?**

	Yes	No
Professionals		X
Volunteers	X	

*Comments:*

**50. Are there support groups for gender independent (gender non-conforming) children?**

No

But working on it!

**51. Are these support groups professionally led or volunteer (non-professionally) led?**

**No Response**

**52. Is there support for families and loved ones?**

Yes

see PFLAG group above

**53. Are these support groups professionally led or volunteer (non-professionally) led?**

	Yes	No
Professionals		X
Volunteers	X	

*Comments:*



54. Are there advocacy groups for trans human rights In your province?

	Yes	No
Grassroots organizations	X	
Lawyers organizations		X

If yes, please share the name/s of the group/s and their contact info/website: CQGL Comité Trans: <http://www.cqgl.ca/> PolitiQ queers solidaires: <http://politiq.wix.com/politiq> and all the groups listed above

55. Do you have any more comments?

**No Response**

56. Is there trans Human Rights legislation being proposed?

No

Working on it...

57. Does your Education Ministry have LGBT anti-bullying policies in public schools?

Yes

58. Is there legislation that does not follow WPATH SOC v.7 being proposed?

No

59. Can FTM have the sex marker on their birth certificate changed?

Yes

After hysto

60. Can MTF have the sex marker on their birth certificate changed?

Yes

Vagino

61. Can FTM change the sex marker on their driver's license?

Yes

Only when the birth certificate is changed

62. Can MTF change the sex marker on their driver's license?

Yes

Only when the birth certificate is changed

63. Do you have an positive and ongoing relationship with "political" allies in your provincial legislature?

Yes

64. Is there other information and data you would have liked to see in this survey? If so, please share:

**No Response**

65. What are you doing in your province that is successful?

**No Response**

66. What are the next steps in expanding accessible competent trans health care in your province?

- Removing surgery requirement for change of sex designation. - Improved access to segregated services like shelters - Developing more public sector services